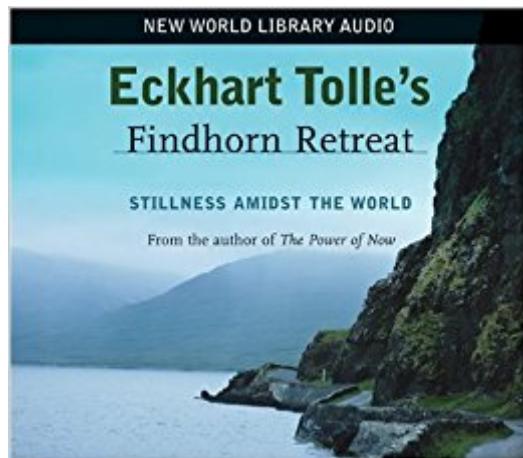


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# Eckhart Tolle's Findhorn Retreat: Stillness Amidst The World



## Synopsis

Best-selling author and spiritual guide Eckhart Tolle led a remarkable two-day retreat at Findhorn, Scotland, a community on the leading edge of personal and global transformation. His weekend talks, captured on audio, create a deeply moving experience for listeners. Speaking on the subject of stillness, which he describes as a doorway into the Now and to true personal enlightenment, Tolle shows listeners how to find stillness in the present moment and enter a deeper dimension of peace and fulfillment. His practical, powerful tools for transformation offer the clear guidance needed to realize the magic of every moment and to reconnect to the sacredness of life and of being. Tolle's lighthearted delivery lends sparkling highlights to the jewels of wisdom that he shares; words that convey, with the timeless clarity of the ancient spiritual masters, a simple yet profound message of hope.

## Book Information

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## Customer Reviews

Tolle is well known for his teachings on stillness and inner peace, including his bestseller *The Power of Now*; he's also known for Findhorn, a spiritual community and retreat center in Scotland.

Listeners can experience Tolle and Findhorn themselves in this audio production, which includes four talks he gave during a two-day retreat. Each CD contains one hour-long talk and focuses on a different aspect of stillness and learning how to live in the moment. Tolle's charming delivery is gently humorous but also pointed in his instruction. It's a delight to hear the audience laughing in the background as he softly encourages attendees to grab hold of the magic of the moment. No table of contents is provided with the set, and while the packaging is compact and lovely, the CDs tend to

fall out easily. But for Tolle's followers who can't make it to Findhorn, this is the next best thing. Listeners eager to learn more about Tolle's teaching will glean much. Simultaneous release with the New World Library hardcover and DVD set. (Jan.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

In previous audios, the author's serious and slow-moving lessons showed how being in the moment allows a connection with reality that is free from intellectual conventions, judgments, and restrictive characterizations. In this audio, Tolle says that conventional thoughts and worldly activities are "forms" that are useful in dealing with various elements of the real world but misleading when used to define ourselves. The highest value and most free expression of our unique selves can be found when we reject these forms as definitions of who we are. The author's profound spiritual wisdom and, in this recording, his endearing charm make his simple message arresting, enlightening, and potentially life-changing. T.W. © AudioFile 2006, Portland, Maine-- Copyright © AudioFile, Portland, Maine

My first interaction with Eckhart Tolle is through the book 'A New Earth'. Once I started reading it I couldn't stop it. It was indeed a very important turning point in my life. Then I read 'Stillness Speaks' and 'Practicing Power of Now'. By reading these books I understood many things I didn't have a clue about. I was always living in the past and I realized the importance of living in the present moment. I learnt about my egoic mind and sad body. And it was also important to learn about the noise in our head. I was keen to listen to him and watch him explain these concepts and hence I bought Findhorn Retreat: Stillness Amidst the world. I loved every second of the DVDs and it was great to listen to Eckhart Tolle. He explains very useful concepts in a very light way with an occasional laugh as he mixes a bit of humor in to the presentation. I agree to all what he says and it is very true when he says that we don't find solutions by thinking, rather we create problems by thinking. :) And also he explains how our thoughts are bombarding us all the time creating so much noise in our heads. It's so true as I know it for my self and I also have experienced brief moments of stillness and it make all the difference. I love the book with beautiful but meaningful pictures and connecting phrases from the presentation. I would love to meet him in person one day :)

I purchased this product because after reading both "The Power of Now" and "A New Earth", I was curious to see the author speak in person, to get a sense of his authenticity. The DVDs start uneventfully - but of course the theme is "stillness amidst the world", so that is to be expected. I

really enjoyed hearing him speak his message. He went on for two hours at a time on each DVD without notes, never struggling for ideas or words, yet conveying a quiet sincerity that shines through brilliantly when he talks. He spoke of mostly the same thing during both presentations, weaving the same ideas about form and formlessness over and over in various ways, so that the talk itself was like an active meditation, a listening meditation, an exercise in being fully present. I felt that listening to him talk both deepened and enriched the information he presents in his books. As well, it gave me a more connected feeling to the man. Still, books are wonderful to carry around and refer easily back to, so I'm not ready to give them up either. I would highly recommend this DVD presentation to anyone who enjoys the books, as a deepener of that information.

What can I say, I'm getting all his stuff. I rated this 4 stars to separate it from his books which are 5 stars. This is a much simpler introduction to the Now. A prequel if you will. Also a must in MHO. It's a joy to watch Tolle, that is to see his Joy, brings joy to you. I now understand that someone in the moment can bring you there with him. Since I bought this DVD set after the books, there really was no new material. This should have been bought first. However, if you love Tolle this is a must have.

The hardcover book is the size of DVD case, and has a slot in the front and back covers for the 2 DVDs. I watched both DVDs, and now I play them over and over on the TV while I'm doing other things so I hear him in the background and get reminders of the teaching. The book has photos of Findhorn and quotes. A nice size to keep on the desk or table, or carry in your bag, to refer to and get reminders or something to meditate on. I noticed that one of the other reviewers seemed to expect it to be an entertainment DVD! LOL. This, and all Eckhart's recordings, are really for people familiar with his teachings. If you're not familiar with Eckhart's teachings, start with *A New Earth* and *The Power of Now* first.

When I am in a muddle of modern living, listening to this saves me. Eckhart is truly inspirational. Highly recommended.

Tolle's work is always top notch!

Very interesting

I will start this review stating, up front, that I love the works of Eckhart Tolle. That said, I simply love

this particular DVD and book set. The DVD's (there are two) contain part of a wonderful workshop at Findhorn in Scotland. It is a typical talk in that it is filled with understated humor, great compassion and a gentle poking fun at the foibles of human life. The book is a treasure. It is photos, by Tolle, of Scotland, along with captions and writings that make one slow down and reflect. If I were to compare the book with any other, and this is a very loose comparison, it would be the Tao Te Ching.

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